

Watermelon Aqua Fresca

4 servings 10 minutes

Ingredients

4 cups Seedless Watermelon (cubed) 1/2 cup Lime Juice

1 cup Seltzer Water

1/4 cup Madhava Agave Five

10 leaves Mint Leaves

1 Lime (Cut into wedges)

Nutrition

Amount per serving	
Calories	69
Fat	0g
Saturated	0g
Trans	0g
Carbs	17g
Fiber	1g
Sugar	13g
Protein	1g
Cholesterol	0mg
Sodium	2mg

Directions

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Combine watermelon, lime juice, fizzy water, agave/stevia blend, and 6 mint leaves in high powered blender. Blend until smooth.

Prepare 4-10 ounce glasses by placing a lime slice and 1 mint leaf in the bottom of the glass. Using a wooden muddler or large spoon, press down on the limes and mint until all of the ingredients are muddled together.

Add crushed ice to each glass and divide Watermelon Aqua Fresca into each glass.

4 Garnish with lime slice and a mint leaf. Enjoy!

Notes

No watermelon? No problem! : This recipe would also be delicious with cantaloupe, honeydew, or even grapes.

Don't have fresh mint on hand?: You could use a drop or two of peppermint extract, or even some finely chopped basil leaves.

Out of club soda or seltzer?: You can always swap in plain water and add our own bubbles using a Soda Stream or use your favorite unsweetened sparkling water. No agave nectar/stevia blend on hand?: Regular agave nectar, honey, date syrup or maple syrup are all great substitutes. The carbs/sugars will be higher so use half.